

EUCHARISTIC REVIVAL



Personal Reflection: Candace, on Eucharistic Adoration



I had a very personal experience with the Eucharist on a silent retreat once. I didn't know it was silent when we showed up. Turns out when you're not allowed to talk, you end up talking to God a whole lot!

I was contemplating a lot that weekend and we had the opportunity for adoration. I sat in the room, reading a guide about reflections and talking to God. When I looked at the Eucharist in front of me, it was like I was looking into Heaven. It was no longer a piece of bread, but inside the circle I could see people walking and moving around. It was somewhat transparent and no matter how many times I rubbed my eyes, closed them, opened them and looked around to make sure I wasn't crazy, the bread was no longer solid.

I can't really describe what I saw, other than a bunch of figures and movement. I think God was just letting me know, He's here.

I always try to get as close to the Eucharist as possible during adoration. I just like to feel it's me and God in the room. We're just spending time together.

Sometimes my mind is a jumble. Other times I like to just sit and be. Often, when I have plans of reading or studying, I just like to be silent with God. Spending time with him is the one place on Earth where you can be 100% you.

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- Candace

**IF YOU WOULD LIKE TO SHARE YOUR THOUGHTS ON WHAT THE
EUCHARIST MEANS TO YOU, CONTACT MARY AT
COMMUNICATIONS@STJOSEPHMECH.ORG OR 717-766-9433.**

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